



Women Empowerment Cell Organizes

Five-Days Faculty Development Program on

"Women's Healthy, Wealthy and Secured Life"

Chief Guests

11.11.2024



Health is a Lifestyle Embrace it

Dr. RANI VARADARAJU
Founder Chairman &
Chief Gynaecologist
Arokya Hospital (Women's Center)
Salem

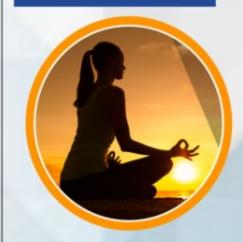
12.11.2024



Women's Rights as Human Rights

Mr. A. THIRUMOORTHI
Advocate & Notary
Commissioner of Oaths
Tiruchengode

13.11.2024



Yoga for Self-Esteem and Confidence Building

Ms. S. SUGANTHI
Full Time Volunteer
Isha Yoga Center
Coimbatore

14.11.2024



Women's Economic Empowerment

Dr. S. VANITHA
Professor of Management Studies
Empanelled Securities
Market Trainer
SEBI, NISM, BSE and NSE

15.11.2024





Nourish Your Body, Nourish Your Soul

Dr.P.Nazni
Prof. Dept.of Nutrition and Dietetics &
Director of Women's Studies Centre
Periyar University -Salem

