



Women Empowerment Cell

Organizes

Five-Days Faculty Development Program

on

"Women's Healthy, Wealthy and Secured Life"

Chief Guests

11.11.2024



**Health is a Lifestyle
Embrace it**

Dr. RANI VARADARAJU
Founder Chairman &
Chief Gynaecologist
Arokya Hospital (Women's Center)
Salem

13.11.2024



**Yoga for Self-Esteem
and Confidence Building**

Ms. S. SUGANTHI
Full Time Volunteer
Isha Yoga Center
Coimbatore

12.11.2024



**Women's Rights as
Human Rights**

Mr. A. THIRUMOORTHI
Advocate & Notary
Commissioner of Oaths
Tiruchengode

14.11.2024



**Women's Economic
Empowerment**

Dr. S. VANITHA
Professor of Management Studies
Empanelled Securities
Market Trainer
SEBI, NISM, BSE and NSE

15.11.2024



Nourish Your Body, Nourish Your Soul

Dr.P.Nazni
Prof. Dept.of Nutrition and Dietetics &
Director of Women's Studies Centre
Periyar University -Salem