

# K.S.Rangasamy College of Arts and Science (Autonomous), Tiruchengode – 637 215 Department of Physical Education

#### **Objectives:**

- ▶ Make the student to attend at least five matches in a year in any three major games.
- > To secure a place in five eight teams in a game.
- > To send a minimum of five players to attend the University / District selection trails.
- Make the Girls student to attend at least five matches in a year in any three major games
- > To focus the overall finals of the students community.
- Improves academic performance.
- Develops fitness habits.
- Provides mental and emotional benefits.
- Builds specific skills.
- Maintains a positive spirit.

#### **Activities:**

- Selection trails for all sports event.
- Selection trails for sports quota.
- > Inter Collegiate Tournaments for all sports & Events.
- Encourage students morning and evening regular practices
- South Zone, State, National & Inter National Level participation.
- > Inter Departments Tournaments for all games & Events.
- Students interact themselves in heavy practice

#### **Coordinators:**

**R.Kumaravel Physical Director** 

Specialization; Cricket and Ball Badminton

### **Students Achievements:**

1.77	NAME	-7	TE SUTTER ST	NATIONAL / INTERNATIONAL
SNO	44,797,4	PLACE	EVENT	INTERNATIONAL
1	P.Anathi	Fourth	Asian Power LIfting(63kg)	International
2	P.Anandhi	Third	Federation cup Power Lifting(63kg) Championship	National
3	P.Ananthi	Third	Senior National Power Lifting(57kg) Championship	National
4	V.Mohanapriya	Third	Power Lifting(47kg) India	National

## Sports Club Activities (Year wise)

Date of event / Competition (DD-MM-YYYY)	Name of the Event / Competition	
12-08-2016 & 13-08-2016	Badminton/Inter-Collegiate	
07-03-17	Sports Day	
04-08-17	cross country race/Inter-collegiate	
03-03-18	Sports day	
14-09-2018 & 15-09-2018	Basket ball(Men)/Inter-collegiate	
22-03-19	Sports day	
25-09-2019 & 26-09-2019	Badminton / Inter-collegiate	
07-03-19	Sports Day	